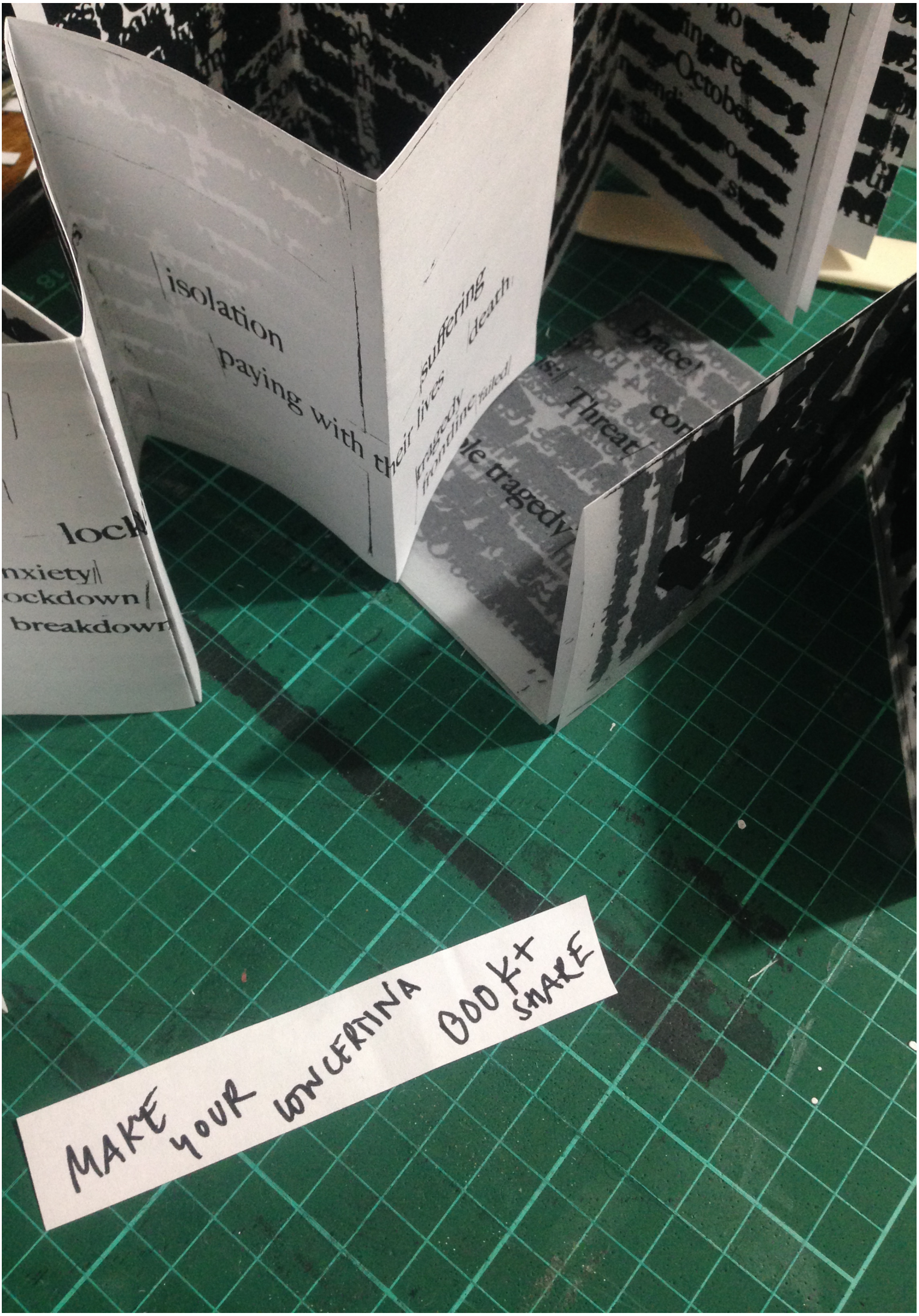
PRINT DOUBLE-SIDED

FOLD LENGTHWAYS

FOLD THE MIDDLE

FOLD EACH END BACK HALFWAY

CUT 3/4 OF THE CENTE


isolation
paying with their lives
suffering
death
tragedy
Threat
nxiety
ockdown
breakdown
MAKE YOUR OWN CERTINA BOOK + SNAKE